Resources for GMHC Breakout Session 11/13/2020 and 11/14/2020

     

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

<https://www.who.int/news/item/05-10-2020-covid-19-disrupting-mental-health-services-in-most-countries-who-survey>

<https://www.jpost.com/health-science/covid-19-crisis-has-had-devastating-impact-on-mental-health-services-who-644605>

<https://www.massgeneral.org/psychiatry/guide-to-mental-health-resources/specific-mental-health>