

Sexuality *in* Every Season

Java Pack

L I S T E N I N G
G U I D E

TABLE OF *contents*

- 3** What Do You Really Believe About Being Single?
- 6** How Your Sex Life is Connected to Your Spiritual Life
- 9** Sorry Mom & Dad, the "Sex Talk" Doesn't Work

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Segment 1

WHAT DO YOU REALLY BELIEVE ABOUT BEING SINGLE?



With guests Dr. Christopher Yuan and Carrie Kintz

LISTENING *notes*

Questions for Reflection and Discussion:

1. Why do you think the church often approaches single Christians as “incomplete”? Why is this view harmful?
2. Why is it more important to ask “am I choosing to be content?” than “am I choosing to be single?” How is the choice to be content also important in marriage?
3. What is a better motivation for sexual purity than “wait for marriage and sex will be great”?
4. What destructive messages about singleness have you received from your local church?
5. How can you be part of changing unhealthy messages about singleness in your local church?
6. What do you think of Christopher’s explanation of the “gift” of singleness as a spiritual gift rather than as a gift that we would like? How does this change your perspective on being single?

Questions for Reflection and Discussion:

7. Have you ever thought about your sexuality as an aspect of your friendships and even your relationship with God? How does your sexuality cause you to pursue intimacy beyond romantic relationships?

Suggested Resources:

- Java Pack: [Single & Sexual](#)
- You Can Be Single & Sexual ([blog](#))
- What's the Purpose of Your Sexuality, Really? ([blog](#))
- I'm a Christian, in Love, but not Sexually Attracted. Am I Broken? ([blog](#))
- I'm Single & Have No Sexual Desires ([blog](#))
- Java with Juli episode #236: "[Pursuing Wholeness, Not Purity](#)"
- [ChristopherYuan.com](#)
- *[Sex & the Single Girl](#)*

*Many of our Java with Juli episodes are part of our archive and available to [Authentic Intimacy members](#) only.

Segment 2

HOW YOUR SEX LIFE IS CONNECTED TO YOUR SPIRITUAL LIFE



With guests Linda Dillow and Hannah Nitz

LISTENING *notes*

Questions for Reflection and Discussion:

1. What have you learned from the “church” about the connection (or separation) between sexuality and spirituality?

2. What is your reaction to the idea that sexual intimacy in marriage tells us something about our intimacy with God?

3. How does the connection between sexuality and intimacy with God change how you might view sex within your marriage?

4. Do you believe that God blesses sexual intimacy in your marriage? Why or why not?

5. To what extent does lingering shame about sexual sin (past or present) interfere with sexual freedom in your marriage?

Questions for Reflection and Discussion:

6. What does the connection between sexual “yada” knowing and spiritual “yada” knowing tell you about the relationship God created you to have with Himself?

7. Create your own list of what it would look like to become a servant lover to your spouse. What would you say differently? What would you do differently?

Suggested Resources:

- Java Pack: [Taking Back the Bedroom](#)
- *Passion Pursuit: What Kind of Love are You Making?*
- Why Does Sex Matter in Marriage? Part 1 ([blog](#))
- Why Does Sex Matter in Marriage? Part 2 ([blog](#))
- Predictability & Passion Can Improve a Boring Sex Life ([blog](#))
- Beyond a Happy Marriage ([blog](#))
- Sex is the Icing on the Cake ([blog](#))
- Does Your Husband Need Sex? ([blog](#))

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Segment 3

SORRY MOM & DAD, THE "SEX TALK" DOESN'T WORK



With guest Hannah Nitz

LISTENING *notes*

Questions for Reflection and Discussion:

1. How is the challenge of “sexually discipling” children more complicated than it was when you were growing up?

2. Why is “pasting” a biblical understanding of sexuality on a secular worldview an unhelpful strategy of teaching kids about sex? Share an example of how you may have attempted to do this.

3. How does a simplistic understanding of the Gospel compromise our ability to disciple kids in their sexuality? Share an example of how you’ve run into this in parenting.

4. “Discipleship is the change Jesus makes in a life.” Why is this central to understanding discipleship and sexuality with our kids?

5. What is the balance between teaching our kids God’s truths and inviting them to wrestle with God in their own hearts?

Questions for Reflection and Discussion:

6. "Discipleship is the overflow of a life. My kids will be more impacted by how I live than by what I teach." What do you think about this statement?

7. What sexual issues in your life do you need to address to be able to walk with integrity? Why is how we respond to failure an important part of discipling our kids?

8. "The greatest chance to show our kids the gospel may be in the moment of failure. The gospel is more important than behavior management." What is your response to these statements?

9. "The goal of all discipleship is to follow me as I follow Christ. The goal has to be about your faithfulness to follow the Lord, not your child's faithfulness." Why is this a key shift in our thinking about parenting and sexual discipleship?

Suggested Resources:

- Parenting Through Weakness ([blog](#))
- Q&A Video: [How do I Talk to a Teen About Sexual Integrity?](#)
- Q&A Video: [How do I Talk to My Kids About Masturbation?](#)
- When Your Kids Look at Porn ([blog](#))
- They're Right: Abstinence-Only Education Doesn't Work ([blog](#))
- Java with Juli episode #220: "[Rethinking Sexuality in Your Parenting](#)"
- Java with Juli episode #308: "[Maintaining Your Smartphone Sanity](#)"
- [Axis.com](#) (one of Juli's favorite parenting resources!)
- Java with Juli episode #277: "[Children, Teens, & Sexual Abuse](#)"

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