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## The Sheltered Guide 07/28/2021

Hello General Alliance Members,

NTSA is dedicated to providing essential resources to support survivors. While that support is crucial to our mission, it is also important to dedicate important resources for your staff and organizations! To wrap up this month we share some practical tips for self care for caregivers and advocates.

- **Secondary traumatic stress and self-care packet** (National Center for Safe Supportive Learning Environments) This packet is a great introduction to identifying vicarious trauma and burnout, as well as suggestions for self care practices.
- **Guidebook on Vicarious Trauma: Recommended Solutions for Anti-Violence Workers** (National Clearinghouse on Family Violence, 2001) This guidebook gives a more in depth review of vicarious trauma and provides solutions for professionals and organizations.
- **VSC Podcast Episode 43 - Burnout** (Victim Service Center, 2021) Podcast Education Coordinator, Emilie Mitchell and Jacqueline Padilla, Trauma-Informed Pilot Project Coordinator at Help Now Of Osceola sit down to talk about caregiver identity and burnout on the Victim Service Center podcast.
- **Self-care for Trauma Psychotherapists and Caregivers: Individual, Social and Organizational Interventions** (The Melissa Institute) This extensive resource breaks down self-care strategies for vicarious trauma.

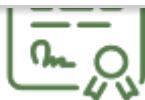
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### Membership Reminders

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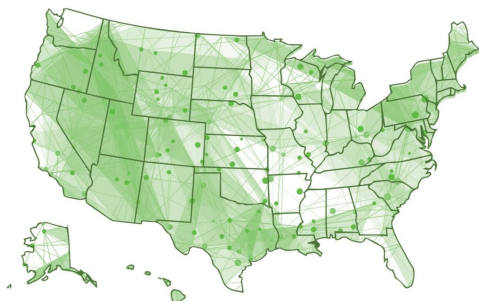
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*many of you went through NTSA's member verification a couple of years ago; in many ways that was a precursor to our new Accreditation program we are launching this October!*

We will no longer be doing membership verification; instead, starting in October we are launching our brand new Accreditation! While that member verification was a requirement for members at that time, **Accreditation will actually be an optional offer that is exclusive to General Members.** This will be a more rigorous process, but the trade off to that is that it will also come with more credibility, as organizations have been more deeply vetted. **Accredited members will be given a seal on their profile within our member portal, highlighted on our website, and eventually will be given a preferred status in our referral system, since there will be a higher level of confidence in those Accredited members.**

That initial member verification required members to renew and undergo verification every two years; our new Accreditation program will require renewal every three years instead. We have been preparing for this launch by creating resources and templates that will hopefully help make this more rigorous process easier and more supportive as well. More details about Accreditation will be available in October at Sheltered!



### State Licensing Request

NTSA's Accreditation team is in the process of creating a database for each state that specifies what licensing a program needs to operate a residential facility for survivors, both for minors and for adults.

This project seeks to ensure that our members are up-to-date and aware of the licensing requirements for operating a shelter in their own state. This database will also help NTSA better equip and support new startup agencies working on their licensing in order to open their programs. We have been conducting in-depth research to find this information for each state; however, we also recognize that our members have a wealth of knowledge on the intricacies of opening and operating shelters!

If you know what your state requires for a shelter license and what agency/entity provides this license, we would be incredibly appreciative if you reach out to [aarchard@shelteredalliance.org](mailto:aarchard@shelteredalliance.org) to provide us with this information. Thank you for your help in developing NTSA's Accreditation!

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# SHELTERED VIRTUAL Conference

OCTOBER 19-21, 2021

WE RISE BY LIFTING OTHERS



We are less than 100 days away from Sheltered Virtual! Be sure to **register ASAP** and use your member promo code **NTSAMEMBER** at check-out for an additional 20% off!

If you have a **social enterprise** take advantage of the **Exhibitor** feature (you get 2 full access tickets!) and get a 50% member discount with promo code **2021EXHIBITOR**.

We would love to spotlight a **home-made** "Behind The Scenes" video tour of your residential program! Send a 3-5 minute **selfie video** capturing the cheerful spirit of your organization which will be shared in between the live presentations! *(If you attended last year's conference... think about Dan Emr's goats as inspiration.)* **Deadline is August 16!**



## Email Us Today

### Confidential Information:

Our partner, NCOSE, has reached out to us about the latest news regarding MasterCard's policy (going into effect in October) regarding the high bar of verifying age and unambiguous consent (among other things) they now have for "adult websites". They are standing with NCOSE in implementing this policy with OnlyFans, but they need your help.

NCOSE would like to host a PRIVATE meeting with MasterCard to hear from survivors who were exploited on OnlyFans (honorarium will be gifted). If any survivors in your programs would like to join the discussion, please email us directly at [membership@shelteredalliance.org](mailto:membership@shelteredalliance.org) for more information.

This notice is internal to the Alliance network.

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**The National Trafficking Sheltered Alliance**

672 Old Mill Rd, #123