

*Sexual*

DISCIPLESHIP

®

Navigating Sexual Issues  
with Gospel-Centered Truth

PRESENTED BY

---

Dr. Juli Slattery

## PART 3

*Changing  
how we serve*

## 2 Helping People Heal

KEY TAKEAWAYS

---

- Wholeness is not just about helping people say no to sin, but steering them toward a genuine relationship with Jesus Christ. All ministry can be summed up as helping people encounter God. Many around us are carrying questions and shame but don't know where to go for help. The initial step of helping is becoming a safe person.
- We communicate safety when we “go first” by speaking out of vulnerability rather than expertise. We provide a caring environment by listening and asking good questions so we can understand the person in front of us. We love others well when we interact with them without trying to “fix” them.
- God reveals Himself through special revelation, natural revelation, and relational revelation. As we minister to people, we will use these three pathways to reveal God.

NOTES

---







## APPLICATION

---

In one ministry conversation over the next few days, make a concerted effort to only listen to the other person without offering opinions or suggestions. Use your words to encourage, express empathy, and let the other person feel understood. Write about your experience here:



## FOLLOW-UP RESOURCES

---



*Rethinking  
Sexuality*  
Chapter 11



*Surprised by the  
Healer: Embracing  
Hope for Your  
Broken Story*  
by Linda Dillow  
& Juli Slattery



*Java with Juli*  
#216: Do You Have an Agenda?  
\*In Java Pack

*Java with Juli*  
#146: All You Need Is Jesus!  
...And Your Therapist



*SexualDiscipleship.com*  
How to Choose a  
Wise Counselor



SEXUALDISCIPLESHIP.COM