

PART 1

*Changing how we
think about sexuality*

1 Sexual Discipleship**KEY TAKEAWAYS**

- Christian communities and families have traditionally approached sexual issues by either squelching conversations about sex (silence approach) or at best, a sexual education model. Limited and stifled discussions about sex have created an atmosphere of shame and relegated honest sexual conversations to secular outlets.
- Recently, churches have adopted a problem solving approach toward sexual issues. While this approach is more honest about the real questions and struggles people experience, it has severe limitations in presenting a wholeness perspective of biblical sexuality.
- Many Christians have actually been “sexually disciplined” by the larger culture.
- The Sexual Discipleship model has the distinctives of teaching how to think (not what to think), is for all believers, is integrated with evangelism and discipleship, aims for maturity (not simply sin management), and requires the body of Christ to accomplish.

**NOTES**



NOTES CONTINUED

In this module, you were asked to consider a series of common questions from a cultural perspective and then from a biblical perspective. Write your answers here:

- *My husband wants me to watch porn with him. What should I do?*

CULTURE'S PERSPECTIVE:

BIBLICAL PERSPECTIVE:

- *What's okay for a married couple to enjoy sexually in the bedroom?*

CULTURE'S PERSPECTIVE:

BIBLICAL PERSPECTIVE:

- *Sexual compatibility is very important in marriage, so shouldn't I sleep with anyone I'm considering marrying? How can I know we are sexually compatible if we don't have sex?*

CULTURE'S PERSPECTIVE:

BIBLICAL PERSPECTIVE:



NOTES CONTINUED

- *Should I go to a gay wedding?*

CULTURE'S PERSPECTIVE:

BIBLICAL PERSPECTIVE:

- *How do I get rid of sexual images from my past?*

CULTURE'S PERSPECTIVE:

BIBLICAL PERSPECTIVE:

- *How do I get rid of my shame from past mistakes?*

CULTURE'S PERSPECTIVE:

BIBLICAL PERSPECTIVE:

- *Is masturbation wrong?*

CULTURE'S PERSPECTIVE:

BIBLICAL PERSPECTIVE:

- Which perspective was most difficult for you to answer and why?



REFLECTION & DISCUSSION CONTINUED

- 5 Read Ephesians 4:11-16. How would you evaluate the current state of Christians and sexuality based on Paul's description of maturity?



APPLICATION

Talk with a fellow Christian leader about how to shift from a silence, educational, or problem-solving approach to the Sexual Discipleship approach. Write about the conversation here:



FOLLOW-UP RESOURCES



*Rethinking
Sexuality*
Chapters 1 & 2



SexualDiscipleship.com
The Importance of
Sexual Discipleship