



Out Grown Winter Adventure Basics

in partnership with  turtlefur

Dress in Layers!

BASE LAYER

Tight fitting
Closest to skin
Wicks sweat to keep you dry



Avoid cotton!

Merino wool 👍

Synthetic 👍
(polyester, nylon)

MID LAYER

Keeps you warm!
Insulating
Fleece & wool, think fluffy!



Footed Fleece PJs are an awesome mid-layer for babies and toddlers!

OUTER LAYER

Protects you from the elements



Waterproof 💧

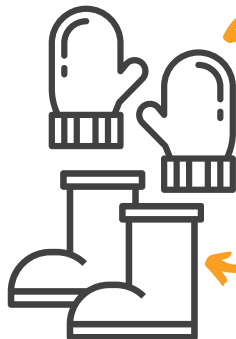
Windproof 🌀

Breatheable!

HANDS & FEET

Wool or synthetic socks are better than cotton.

Use adult wool socks as a backup/extra layer to stretch over cold fingers & toes.



Kids wool socks can make great mittens in a pinch!

Add an extra layer of socks to rainboots to play in the snow!



Winter adventures might be shorter and end sooner than summer ones, but they're worth it!

10 minutes outside can raise serotonin levels, increase Vitamin D production, boost immunity and relieve stress! So step out, embrace the season, and feel better once you do.

Baby Basics

Babies tend to need one more layer than you are wearing



Check the back of baby's neck to see how warm/cool they are. Drape a blanket or remove a hat for quick temp adjustments!



A soft carrier counts as a layer and can keep baby extra cozy!

Pro Tips

- **Bring Extra Clothes!**
And bring more than you think! Quick changes of wet or dirty items keep everyone happy longer!
- **Hot Cocoa for the win!**
Sipping on a thermos of hot cocoa or tea is a fast way to get warm quickly!
- **Instant Hand Warmers**
Keep these in your pockets to warm little hands & feet. Hands & feet get cold first, check them often!