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The Sheltered Guide 02/03/2021

Hello Alliance Members,

We are excited to share another resource-packed shelter guide with you! This week we are tackling the always popular topic of program models, as we take a deep dive into **long-term programs**. We hope you will use the following resources to inform and inspire your existing long-term services, guide the creation of new long-term programs, and serve your survivors to the best of your ability.

- Specialized **Residential Placements** for Child Trafficking Victims (Farrel, Goggins and Hogan, 2019)
- Promising Practices and Model Programs: **Trauma Informed Approaches** to Working with Survivors of Domestic and Sexual Violence and Other Trauma (Phillips, Lyon, Fabri and Warshaw, 2015)
- After Rescue: **Evaluation of Strategies to Stabilize and Integrate** Adult Survivors of Human Trafficking in the United States (Gozdziaik and Lowell, 2016)

Many of our Alliance members are providing their clients with empowering long-term support programs. Check out their amazing work!



Rescue Us provide's a holistic, faith-based, transitional housing **program** for female survivors. Our program involves 1) provision of safe and stable housing to our residents and 2) implementation of Rescue Us developmental activities, such as mental health counseling, Bible study, vocational training, and much more. We also aim to provide **long-term care** for the physical, emotional, and spiritual needs of our survivors.



NSI owns and operates The Harbor, a restoration home and program for female sex-trafficking survivors. The Harbor's 6-to-18 month program addresses the "whole" woman from a trauma-specific perspective, and all staff members are trauma-informed. The program is strengths-based, tailored to survivors' individual needs, and matched to their current stage of change.



We have beautiful homes where women can rest, reset and consider next steps with compassionate supportive people around them. This year-long phase engages women in healing body, mind, and spirit in a safe community and place to belong. This time allows survivors to heal from trauma and move from a survival-based existence to an intentional lifestyle that focuses on physical and mental health and well being. Watch more [here!](#)



The Pure Hope Foundation offers a restorative developmental internship for female adult survivors of sex trafficking. The twelve-month residential internship is crafted in phases encompassing inner healing, personal development, life skills, and leadership mentoring. A highlight of the internship is an eight-week, strengths based, capstone experience offering adventure and expanded relational learning. Read more [here!](#)

Welcome our new Alliance Members!

Sycamore Farm (KY)

Rescue Freedom International (WA)

Membership Reminder

Save the Date! Wednesday, February 17 at 3:00 ET/Noon PT along with **Thistle Farms** we will be co-presenting our findings submitted to the **2021 TIP Report!** Don't worry we will send a few reminders.

[Join the Membership Call Here!](#)

Have questions/feedback about your membership? **We want to hear from you!**

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