



# Apostoli Viae Sojourner Cenacle

Saturday, February 4<sup>th</sup> - 8:00 AM to 9:00 AM Central  
Ordinary Time – Fourth Week

## [8:00] Welcome and Opening Prayer:

### Collect for the Mass of the Day (Ordinary Form)

*Grant us, Lord our God, that we may honor you with all our mind, and love everyone in truth of heart. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.*

*Leader: Saints Teresa of Avila and John of the Cross All: Pray for us. Our Lady of Mount Carmel All: Pray for us.*

*Heads Bowed: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.*

## [8:00 – 8:05] Housekeeping/Misc. Updates:

- ❑ **Upcoming Meeting Schedule: February 4<sup>th</sup>, 25<sup>th</sup>, March 11<sup>th</sup>, 25<sup>th</sup>, April 8<sup>th</sup>, 29<sup>th</sup>**
- ❑ **Divine Intimacy in Marriage Retreat** - February 2023: [SpiritualDirection.com/Events](http://SpiritualDirection.com/Events)
- ❑ **Gospel Encounter Groups:** Our vision is to serve the Church and expand the Kingdom of God apart from any personal or community benefit. If you start or find an existing group, go to: [ApostoliViae.org/study-groups](http://ApostoliViae.org/study-groups). Reach out to **Cathleen Ludlow** if you desire support, training, and resources to enable you to start or lead a group.
- ❑ **All Who Desire or May Desire Formal Association with Apostoli Viae in the Future:** Please take the Mental Prayer Mini-Course and listen to “The Examen Prayer – Liberation – Healing – Gratitude” in Reflections from the Heart of the Charism.
- ❑ **SpiritualDirection.com Shop** - [SpiritualDirection.com](http://SpiritualDirection.com) shop tab – recommended books. Also, please continue to support St. Paul’s in Memphis through the “Shop” tab on [ApostoliViae.org](http://ApostoliViae.org)

## Apostoli Viae Liturgical and Activity Calendar:

- ❑ January 25<sup>th</sup> – Novena to Our Lady of Buen Suceso of the Purification
- ❑ February 2<sup>nd</sup> – Candlemas – End of Our Lady of Buen Suceso of the Purification Novena
- ❑ February 5<sup>th</sup> - Septuagesima Sunday – Pre-Lent – Time to Prepare
- ❑ February 12<sup>th</sup> – Sexagesima Sunday – Annual In-Depth Examen (Disciples)
- ❑ February 19<sup>th</sup> – Quinquagesima Sunday
- ❑ February 21<sup>st</sup> – Shrove Tuesday
- ❑ February 22<sup>nd</sup> – Ash Wednesday

- ❑ **Mystagogy:** Introduction to the Devout Life - Tan Books – You can use other versions but we are unable to provide page conversions for you. No Assigned Reading but We Recommend You Read From Where We Left Off at the Last Meeting.
  - **Metanoia: – Yield - Encounter – Act – Cooperate – Fall – Rise – Encounter - Advance**
  - Those who encounter love and come to know love, live in a covenant of love in a way that is consistent with that love. (John 14)
  - Those who hear but don't do, are self-deceived (James 1:22)
  - Whoever does not carry the cross and follow Jesus cannot be His disciple. (Luke 14:27)
  - We can do all things through Christ who strengthens us. (Philippians 4:13)
  - Those who hear and strive in His power, are not deceived, but are authentic disciples of Jesus and have an authentic living faith (James 2: 14-17)
- ❑ **The Process:**
  - Awareness of and openness to the inspirations of the Holy Spirit
  - Inspirations emerge that lead to conviction – reinforcement - encouragement
  - Engage with the inspirations in a meaningful or tangible way

## Opening Prayer:

### **- Pause for a moment of recollection before the Lord -**

*Our Intentions:*

- *For the Pope's holiness and constant conversion.*
- *That the Synod on Synodality would be consumed by the Holy Spirit and turned from a "Toxic Nightmare" (Cardinal Pell) to an Authentic Renewal of the Holy Spirit.*
- *For all the needs and intentions expressed in the Rick Hartley Chapel.*
- *For blessings on and exceptional relationships with Archbishop Rodi, Bishop Raica, and the future Bishop of the Archdiocese of Mobile. That the Lord would provide a Bishop that will be eager to support us. That Bishops would be inspired to submit names of holy and faithful priests.*
- *For Cardinals, Bishops, Religious, Priests, Deacons and Lay leaders in the Church:*
  - *That those who are faithful would be encouraged, strengthened, protected, and their voices and prayers heard, and that they would have the courage to speak and act for the restoration of reverence and faithfulness in liturgy and doctrine.*
  - *That those in error and those who persecute the faithful will respond to the Holy Spirit's call to repentance.*
  - *That those who sow confusion, false doctrine, and division, but who will not repent, would be silenced, and made of no effect.*
  - *For the restoration of reverence and faithfulness in liturgy and that sacrilege and desecration of the Lord would end in the Holy Sacrifice of the Mass.*
- *For the financial needs of Apostoli Viae, especially for the Our Lady of Mount Carmel Retreat and Center for Spiritual Formation and our High Calling priestly discernment and formation programs.*

*Leader:* Let us pray. In the name of the Father, and of the Son, and of the Holy Spirit.

**All: Amen.**

*Leader:* Come Holy Spirit,

**All: fill the hearts of your faithful, and kindle in them the fire of your love.**

*Leader:* Send forth your Spirit and they shall be created,

**All: and you shall renew the face of the earth.**

*Leader:* O God, by the light of your Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ our Lord.

**All: Amen.**

*Leader:* Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

**All: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.**

*Go to Collect on Page 1*

## Closing Prayer

**- Pause for a moment of recollection before the Lord -**

**\*\*\*What has the Lord revealed? How will you respond?\*\*\***

*Leader:* Let us pray.

**All: Our Father...**

*Leader:* We give you thanks for all thy benefits, Almighty God, who live and reign now and forever.

**All: Amen.**

*Leader:* Our Lady of Mount Carmel,

**All: Pray for us.**

*Leader:* Thank you for Your love and Your grace in allowing us this time of prayer and fellowship with You and one another.

**All: Help us to live, light and lead others to and through the path of union with You. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

Notes: