



Apostoli Viae Sojourner Cenacle

Saturday, April 8th - 8:00 AM to 9:00 AM Central
Holy Saturday

[8:00] Welcome and Opening Prayer:

Collect for the Mass of the Day (Ordinary Form)

From the Easter Vigil: O God, who make this most sacred night radiant with the glory of the Lord's Resurrection, stir up in your Church a spirit of adoption, so that, renewed in body and mind, we may render you undivided service. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Leader: Saints Teresa of Avila and John of the Cross All: Pray for us. Our Lady of Mount Carmel All: Pray for us.

Heads Bowed: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

[8:00 – 8:05] Housekeeping/Misc. Updates:

- Upcoming Meeting Schedule: April 8th, 29th, May 13th, 27th
- Divine Mercy Novena April 7th to 15th – Community Prayer and Supplication for the Healing of the Church
- Shepherding Team: Cathleen Ludlow, Lori Myers, Diane Roe
- Community Support Volunteers: Diane Roe, Avis Gomez, Karen Davidian
- Ecce Homo: SpiritualDirection.com Events
- Gospel Encounter Groups: Our vision is to serve the Church and expand the Kingdom of God apart from any personal or community benefit. If you start or find an existing group, go to: ApostoliViae.org/study-groups. Reach out to Cathleen Ludlow (AVSmallGroups@Gmail.com) if you desire support, training, and resources to enable you to start or lead a group.
- All Who Desire or May Desire Formal Association with Apostoli Viae in the Future: Please take the Mental Prayer Mini-Course and listen to “The Examen Prayer – Liberation – Healing – Gratitude” in Reflections from the Heart of the Charism.
- SpiritualDirection.com Shop - SpiritualDirection.com shop tab – recommended books. Also, please continue to support St. Paul’s in Memphis through the “Shop” tab on ApostoliViae.org

Apostoli Viae Liturgical and Activity Calendar:

- April 7th – Good Friday
- April 7th – Divine Mercy Novena Begins
- April 8th – Holy Saturday
- April 9th – Easter Sunday
- April 15th – Day Before Divine Mercy Sunday – Novena Ends

- ❑ **Mystagogy:** Introduction to the Devout Life - Tan Books – You can use other versions but we are unable to provide page conversions for you. No Assigned Reading but We Recommend You Read From Where We Left Off at the Last Meeting.
 - **Metanoia: – Yield - Encounter – Act – Cooperate – Fall – Rise – Encounter - Advance**
 - Those who encounter love and come to know love, live in a covenant of love in a way that is consistent with that love. (John 14)
 - Those who hear but don't do, are self-deceived (James 1:22)
 - Whoever does not carry the cross and follow Jesus cannot be His disciple. (Luke 14:27)
 - We can do all things through Christ who strengthens us. (Philippians 4:13)
 - Those who hear and strive in His power, are not deceived, but are authentic disciples of Jesus and have an authentic living faith (James 2: 14-17)
- ❑ **The Process:**
 - Awareness of and openness to the inspirations of the Holy Spirit
 - Inspirations emerge that lead to conviction – reinforcement - encouragement
 - Engage with the inspirations in a meaningful or tangible way

Opening Prayer:

- Pause for a moment of recollection before the Lord -

Our Intentions:

- *For the Pope's holiness and constant conversion.*
- *That the Synod on Synodality would be consumed by the Holy Spirit and become an instrument of Authentic Renewal.*
- *For all the needs and intentions expressed in the Rick Hartley Chapel.*
- *For blessings on and exceptional relationships with Archbishop Rodi, Bishop Raica, and the future Bishop of the Archdiocese of Mobile. That the Lord would provide a Bishop that will be eager to support us. That Bishops would be inspired to submit names of holy and faithful priests.*
- *For Cardinals, Bishops, Religious, Priests, Deacons and Lay leaders in the Church:*
 - *That those who are faithful would be encouraged, strengthened, protected, and their voices and prayers heard, and that they would have the courage to speak and act for the restoration of reverence and faithfulness in liturgy and doctrine.*
 - *That those in error and those who persecute the faithful will respond to the Holy Spirit's call to repentance.*
 - *That those who sow confusion, false doctrine, and division, but who will not repent, would be silenced, and made of no effect.*
 - *For the restoration of reverence and faithfulness in liturgy and that sacrilege and desecration of the Lord would end in the Holy Sacrifice of the Mass.*
- *For the financial needs of Apostoli Viae, especially for the Our Lady of Mount Carmel Retreat and Center for Spiritual Formation and our High Calling priestly discernment and formation programs.*

Leader: Let us pray. In the name of the Father, and of the Son, and of the Holy Spirit.

All: Amen.

Leader: Come Holy Spirit,

All: fill the hearts of your faithful, and kindle in them the fire of your love.

Leader: Send forth your Spirit and they shall be created,

All: and you shall renew the face of the earth.

Leader: O God, by the light of your Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ our Lord.

All: Amen.

Leader: Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

All: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

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Closing Prayer

- Pause for a moment of recollection before the Lord -

*****What has the Lord revealed? How will you respond?*****

Leader: Let us pray.

All: Our Father...

Leader: We give you thanks for all thy benefits, Almighty God, who live and reign now and forever.

All: Amen.

Leader: Our Lady of Mount Carmel,

All: Pray for us.

Leader: Thank you for Your love and Your grace in allowing us this time of prayer and fellowship with You and one another.

All: Help us to live, light and lead others to and through the path of union with You. In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Notes:

Holy Saturday

Sabbatum Sanctum (Holy Saturday) is sacred as the day of the Lord's rest; it is also known as the "Second Sabbath" after creation. The day is and should be the most calm and quiet day of the entire Church year, a day of simple and solemn prayer with by no liturgical function. Jesus the Messiah lies in the grave, the Church waits and mourns.

After His profound suffering, He rests in peace, but upon Him the scars... the mortal wounds remain visible... and His enemies, still furious, attempt to obliterate the very memory of the Lord by lies and slander.

Mary and the disciples are grief-stricken, while the Church must mournfully admit that many of her children return home from Calvary cold and hard of heart. When Mother Church reflects upon all of this, it seems as if the wounds of her dearly

Beloved were again beginning to bleed.

According to tradition, the entire body of the Church is represented in Mary: she is the "credentium collectio universa" (Congregation for Divine Worship, *Lettera circolare sulla preparazione e celebrazione delle feste pasquali*, 73). Thus, the Blessed Virgin Mary, as she waits near the Lord's tomb, as she is represented in Christian tradition, is an icon of the Virgin Church keeping vigil at the tomb of her Spouse while awaiting the celebration of his resurrection.

The pious exercise of the *Ora di Maria (Mother's Hour)* is inspired by this intuition of the relationship between the Virgin Mary and the Church: while the body of her Son lays in the tomb and his soul has descended to the dead to announce liberation from the shadow of darkness to his ancestors, the Blessed Virgin Mary, foreshadowing and representing the Church, awaits, in faith, the victorious triumph of her Son over death.

May we rest and mourn with Mary in hope for His resurrection and the redemption of the world.

Adapted from the Directory on Popular Piety and the Liturgy